



The Hospital  
Saturday Fund®

Charity Newsletter



Issue #20  
United Kingdom  
May 2026

# Helping Your Community Since 1873

**£2.5 Million To Be Donated in 2026**

[www.hospitalsaturdayfund.org](http://www.hospitalsaturdayfund.org)

**In donations and grants to medically associated charities for care and research, hospices and hospitals across the UK, Republic of Ireland, and Malta.**

**Assistance will also be given to individuals whose illness or disability has caused financial difficulties.**

## **Contents**

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**Page 3: Plymouth Charity Reception**

---

**Page 4: Fondazzjoni Suret il-Bniedem & Finding Your Feet**

---

**Page 5: Ospreys Wheelchair Rugby Club & Air Ambulance Charity Kent Surrey Sussex (KSS)**

---

**Page 6: Brace & Barnsley Hospice**

---

**Page 7: Individual Grant Updates**

---

**Page 8: Individual Grant Feedback**

---

**Page 9: About Us & Grant Information**



Paul Jackson, Group Chief Executive, John Greenwood, Chair, Lesley Garrett Patron with Trustees and grant recipients

## Plymouth Charity Reception

The Hospital Saturday Fund (HSF) were delighted to award over £113,000 in grants to 25 charities from across the South West of England at a special Charity Reception held at the University of Plymouth.

HSF extends its sincere thanks to the University for its generosity in hosting the event. The evening marked a significant milestone for the organisation, as it was the first Charity Reception hosted by HSF in Plymouth.

Guests were also privileged to hear from Sonya Cassidy, actor and ambassador for Springboard Opportunity Group. Her inspiring address highlighted the importance of community, resilience, and the vital role of supporting organisations that make a meaningful difference across the UK.

HSF is grateful to Professor Richard Davies, who generously gave his time to attend the evening and joined Paul Jackson in presenting the grants. The organisation was also delighted to welcome its Patron, Lesley Garrett, who assisted in presenting the awards.

### Speaking at the event, Paul Jackson, Group Chief Executive of HSF, said:

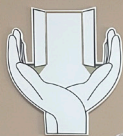
*"We are delighted to uphold our tradition of assisting a wide range of charities across the South West of England, including many that may not receive*

*widespread recognition. The Hospital Saturday Fund is honoured to contribute to the crucial work of these incredible organisations, whose dedication has a profound and positive impact on so many lives."*

The reception celebrated not only the achievements of the funded charities but also the continued commitment of The Hospital Saturday Fund to supporting communities and improving lives across the region.

### The Hospital Saturday Fund is proud to have provided grants to the following organisations:

BASICS Devon, Beyond Dementia, Bowel Cancer West, Care for Kids North Devon, Children's Hospice South West, Dartmoor Search and Rescue Team (Tavistock), Dartmouth Caring, DDRC Healthcare, Devon Air Ambulance, Devon Mind, Exmoor Search and Rescue Team, FORCE Cancer Charity, Headway Plymouth, Hospiscare, Hospital Radio Plymouth, iSightCornwall, Peninsula Medical Foundation, Pregnancy Crisis Care (Plymouth & SE Cornwall), Royal Devon Hospitals Charity, Sidmouth Hospice at Home, South West Blood Bikes, South Western Ambulance Charity, St Luke's Hospice Plymouth, Springboard Opportunity Group, and the University of Plymouth.



Fondazzjoni  
Suret il-Bniedem  
tal-Ahwa Kapučċini

*Merħba d-Dar.  
Dinjità, Tama u Mhabba.*



Neil Finlayson, Chair, HSF Health Plan & Jane Dalton, Vice Chair, The Hospital Saturday Fund, with Sarah Bondin, General Manager, Fondazzjoni Suret il-Bniedem.



Fondazzjoni  
Suret il-Bniedem  
tal-Ahwa Kapučċini Maltin

## Fondazzjoni Suret il-Bniedem

### Malta

Fondazzjoni Suret il-Bniedem was established 25 years ago, building on earlier Capuchin-led efforts to support people experiencing homelessness. Spearheaded by Fr Leopoldo Tabone OFMCap., its vision continues to guide the Foundation today.

It operates five residential facilities for individuals facing homelessness and mental health challenges, offering holistic psychosocial support that addresses physical, mental, emotional, and social well-being.

The €13,000 grant awarded will fund equipment and staff training, improve emergency response and help safeguard lives. Through this project, the Foundation will equip each home with AEDs and BVMs, essential for residents at higher risk of cardiac and respiratory emergencies.

To find out more visit their website:  
[www.suretilbniedem.com](http://www.suretilbniedem.com)



Mark Davies, Trustee, Dee Wright, Charity & Events Manager, The Hospital Saturday Fund, & with Corinne Hutton, MBE, Founder & Executive Director, Finding Your Feet.



## Finding Your Feet

Finding Your Feet was founded in 2014 by quadruple amputee Dr Corinne Hutton MBE, growing from small meetups into Scotland's national support network for amputees. It now supports around 1,500 people annually, with over 1,300 active members. Many are over 55 and face additional health challenges affecting recovery and mobility.

The £10,000 grant awarded at The Gathering will fund the Confident Steps project. Addressing risks such as poor balance, muscle loss, and social isolation, it will provide portable clinical equipment and supportive sessions. Participants will build strength, improve balance, learn falls prevention, and track progress—boosting confidence, mobility, and independence.

To find out more visit their website:  
[www.findingyourfeet.net](http://www.findingyourfeet.net)



Paul Jackson, Group Chief Executive & Mark Davies, Trustee, The Hospital Saturday Fund, with Arran Flax, Club Secretary, and Team Members, at Ospreys Wheelchair Rugby Club.



## Ospreys Wheelchair Rugby Club

Ospreys Wheelchair Rugby Club was established in 1989 by Keith Jones, with Kathryn Murphy and Deborah Stevens of Rookwood Hospital. Founded to create sporting and rehabilitation opportunities for people with disabilities, the club has long supported physical health, confidence, and social inclusion.

The £10,000 grant awarded will fund essential resources, including sports wheelchairs, specialist equipment, team kits, and regular training sessions—vital for safe participation and competition. With no mainstream funding and a growing Youth Team, demand is rising. This support will help sustain the club’s activities and expand opportunities for current and future players.

To find out more visit their website:  
[www.ospreyswr.com](http://www.ospreyswr.com)



John Greenwood, Chair, Katie Newbery, Charity Coordinator, The Hospital Saturday Fund, Leo Scapolan, Brand Designer, Saida Ali, Sales & Marketing & Facilities Administrator and Sylvia Thuraingham, Assistant Accountant and HR Administrator, HSF Health Plan with Head of Trusts & Foundations, Dan Knight with Dr Rob Loveless – Helicopter Emergency Medical Service Doctor, Ben Clarke – Clinical Operations Manager and Helicopter Emergency Medical Service (HEMS) Paramedic at Air Ambulance Charity Kent Surrey Sussex (KSS).

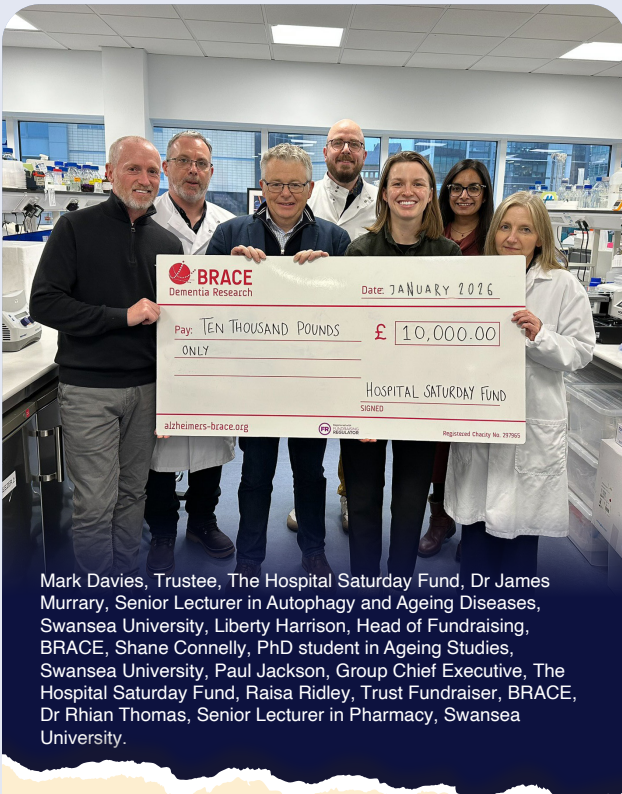


## Air Ambulance Charity Kent Surrey Sussex (KSS)

Air Ambulance Charity Kent Surrey Sussex (KSS) was founded in 1989 and expanded in 2007 to cover Surrey and Sussex. Its expert crews respond to over 3,100 incidents annually, reaching patients within 30 minutes. Their helicopters act as flying emergency rooms, delivering critical care wherever needed.

The £10,000 grant awarded will fund a Tempus ALS System, used on nearly every mission. This advanced life support device includes a defibrillator and provides real-time data on vital signs. It enables crews to diagnose, treat, and share patient information with consultants and hospitals, ensuring faster decisions, better preparation, and improved patient outcomes.

To find out more visit their website:  
[www.aakss.org.uk](http://www.aakss.org.uk)



Mark Davies, Trustee, The Hospital Saturday Fund, Dr James Murray, Senior Lecturer in Autophagy and Ageing Diseases, Swansea University, Liberty Harrison, Head of Fundraising, BRACE, Shane Connelly, PhD student in Ageing Studies, Swansea University, Paul Jackson, Group Chief Executive, The Hospital Saturday Fund, Raisa Ridley, Trust Fundraiser, BRACE, Dr Rhian Thomas, Senior Lecturer in Pharmacy, Swansea University.



## Brace

BRACE, a dementia research charity founded in Bristol in 1987, supports studies across South West England and South Wales.

The £10,000 grant will fund a project using African Turquoise Killifish to develop new dementia models. These fish age similarly to humans but have shorter lifespans, enabling faster study of disease progression and treatment testing.

Dr Murray, collaborating with Stanford University, will use gene-editing to replicate disease conditions and examine their effects on ageing and dementia. If successful, the model could closely mimic Alzheimer's, helping accelerate research, improve understanding, and speed up the development of new treatments.

To find out more visit their website:  
[www.alzheimers-brace.org](http://www.alzheimers-brace.org)



Paul Jackson, Group Chief Executive, The Hospital Saturday Fund & Adrian Button, Head of Sales & Marketing UK & EU, HSF Health Plan with Diane Gledhill-Cragg, Complementary Therapy & Wellbeing Lead, Charlie Straw, Grants & Major Donor Manager, Ross Fletcher, Chief Executive Officer/Chief Nurse, Rebecca Lambert, Head of Clinical Services & Quality Matron, Barnsley Hospice.



## Barnsley Hospice

The idea for Barnsley Hospice began in 1985, when local people came together to secure funding. It gained charitable status in 1988 and opened in 1994. Originally a Day Hospice, it has since expanded to provide 24/7 inpatient care for up to 10 patients.

The £9,950 grant will fund a bariatric cuddle bed for the inpatient ward. Currently reliant on short-term equipment loans, the hospice can face delays in admitting patients. This investment will enable more timely care for those with complex needs, while improving efficiency and reducing costs.

To find out more visit their website:  
[www.barnsley-hospice.org](http://www.barnsley-hospice.org)

# Individual Grant Updates

In 2025, we supported 537 individuals in England, Scotland, Wales, and Northern Ireland with grants funding life-changing equipment and treatments, with grants ranging from £25 to our maximum grant of £2,000. Covering a wide range of equipment and treatments.

**£142**

41-year-old with CT-confirmed acute stroke (right basal ganglia ICH). This contribution helped fund a neuro-muscular electrical stimulation (NMES) kit to support arm recovery.

**£860**

10-year-old with a USPX gene variant, generalised muscle weakness, and chronic pain. The award made it possible to purchase a travel electric wheelchair.

**£950**

66-year-old with Type 2 Diabetes, chronic pain, musculoskeletal conditions (including carpal tunnel syndrome), Long COVID, and underlying respiratory conditions. This funding covered physiotherapy to help relieve chronic pain.

**£1,049**

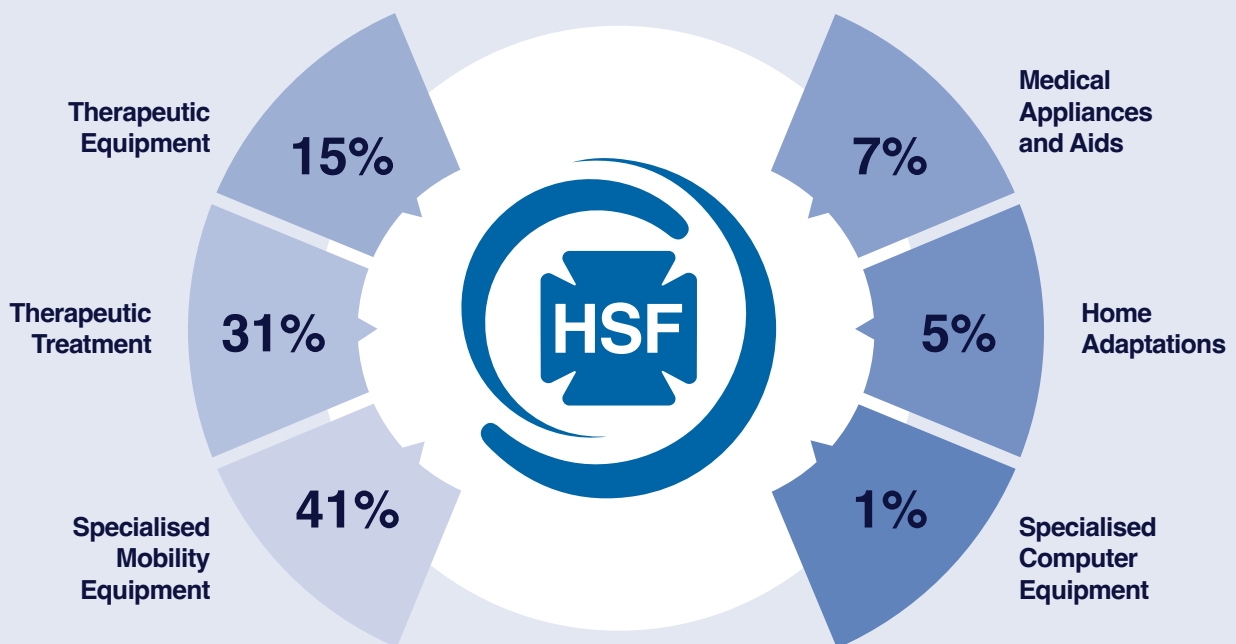
60-year-old with Chronic Regional Pain Syndrome, underactive thyroid, Type 2 Diabetes, neuropathic lower limb pain, a spinal cord implant, and depression. The support went towards a profiling (adjustable) bed.

**£1,495**

53-year-old with a slipped disc, sciatica, and osteoarthritis. This enabled the purchase of a mobility scooter to improve independence.

**£2,000**

22-year-old with Spina Bifida and Hydrocephalus. The funding assisted with essential home adaptations, including wheelchair-friendly flooring.



# Individual Grant Feedback

**I cannot thank The Hospital Saturday Fund enough for their support. It has allowed me to continue with treatment in an exoskeleton, which is proving to have both physical and mental benefits. Thanks again!**

**Received a £1,000 grant to go towards ongoing rehabilitation with a specialist physiotherapist and robotic gait training.**

Grant Recipient: Ross



**Thank you so much for making such a massive difference to Jessica's quality of life. She is simply overwhelmed that you would do something so life-changing for her. She can now go shopping, go to the park with her son, and get to all her appointments in comfort.**

**Received a £1,000 grant towards the purchase of a mobility scooter**

Supporter: Revive Centre



# About Us

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The Hospital Saturday Fund (HSF) is a UK charity that was founded in 1873 by pioneers in social and philanthropic work to help people afford medical care. In recent times, the Fund has 'tailored' its benefits and these are now offered through HSF Health Plan, one of the leading health cash plans in the UK and Republic of Ireland. Profits from the trading company, HSF Health Plan, are channelled into the 'parent' charity, The Hospital Saturday Fund, to enable charity donations to be made.

In 2026, The Hospital Saturday Fund will give £2.5 million in donations and grants to medically-associated charities, hospices, and hospitals across the UK, Republic of Ireland, and Malta. Assistance will also be given to individuals whose illness or disability has caused financial difficulties.

## Grant Information

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### Application Deadlines and Grant Amounts

The Hospital Saturday Fund has two grant categories:

- Standard grants of up to £2,000 or €3,000 or
- Large grants to up to £10,000 or €13,500 (please note this is the maximum sum that HSF will grant).

Large grant applications should be towards specific projects, research or equipment rather than running costs. Organisations may make one application for a meeting and can apply for a standard or a large grant. The Grant Making Committee (GMC) meets quarterly.

For how to apply, see The Hospital Saturday Fund's website for criteria and link to the online application form:

[www.hospitalsaturdayfund.org](http://www.hospitalsaturdayfund.org)

### Applications should be submitted online by the close of business on the following dates:

#### **GMC 05 February 2026**

Standard Grants of £2,000 or €3,000 – deadline 6 January 2026

Large Grants of up to max £10,000 or €13,500 – deadline 9 December 2025

#### **GMC 11 May 2026**

Standard Grants of £2,000 or €3,000 – deadline 13 April 2026

Large Grants of up to max £10,000 or €13,500 – deadline 16 March 2026

#### **GMC 11 August 2026**

Standard Grants of £2,000 or €3,000 – deadline 14 July 2026

Large Grants of up to max £10,000 or €13,500 – deadline 16 June 2026

#### **GMC 05 November 2026**

Standard Grants of £2,000 or €3,000 – deadline 8 October 2026

Large Grants of up to max £10,000 or €13,500 – deadline 10 September 2026

#### **GMC January 2027 (all dates for 2027 meetings to be confirmed in December 2026)**

Standard Grants of £2,000 or €3,000 – deadline 5 January 2027

Large Grants of up to max £10,000 or €13,500 – deadline 2 December 2026



The Hospital  
Saturday Fund®



## Contact Us

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### We're Here to Help



[hospitalsaturdayfund.org](https://hospitalsaturdayfund.org)



020 7202 1365



[/thehospitalaturdayfund](https://www.linkedin.com/company/thehospitalaturdayfund)



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